

	DELHI METRO RAIL CORPORATION LTD.
General Instruction : DMRC/SHE/GI/004/OT/281105	

Topics for First day at work SHE orientation training of Workmen

1. Hazard Identification Procedure

Hazards on site:

- Falls
- Earthing work
- Electricity
- Machinery
- Handling materials
- Transport
- Site housekeeping
- Fire

2. Personal Protective Equipment

- What is available?
- How to obtain it?
- Correct use and care.

3. Health

- Site welfare facilities
- Potential health hazards
- First Aid/CPR

4. Duties of the contractor

- Brief outline of the responsibilities of the Contractor by law
- Details of Contractor's accident prevention policy
- DMRC's SHE manual
- Building and other Constructions Welfare Law

5. Employee's Duties

- Brief outline of responsibilities of employee under law
- Explanation of how new employees fit into the Contractor's plan for accident prevention. (induction and orientation).