

METROLYMPICS KMRL SPORTS MEET 15TH JAN TO 22ND FEB 2025



KOCHI METRO RAIL LIMITED'S THRILLING SPORTS MEET SHOWDOWN

GREEN **TEAM 2025**

ABOUT

Kochi Metro Rail Limited (KMRL) recently organized an exhilarating Sports Meet, bringing together employees for a month filled with camaraderie, teamwork, and healthy competition. The event was held with great enthusiasm, featuring a variety of sports and activities such as relay races, football, and badminton, among others. Employees from different departments participated with zeal, showcasing their athletic skills and sportsmanship. It was not just about winning but also about fostering a sense of unity and promoting a healthy work-life balance. The event concluded with prize distributions and celebrations, leaving everyone energized and motivated. Such initiatives by KMRL highlight the organization's commitment to employee well-being and team spirit.



Shri. Loknath Behera Managing Director

From MD's Desk

It gives me great pleasure to extend my heartfelt congratulations to all participants, coordinators, and organizers of the **KMRL Annual Sports Meet 2025.** This event has once again proven to be a platform for fostering camaraderie, teamwork, and a spirit of healthy competition among our employees.

With over **200 participants**, **18 exciting events**, and the introduction of **Women's Cricket and Swimming**, this year's meet was a testament to our commitment to inclusivity, fitness, and excellence. The energy and enthusiasm displayed by every team member were truly commendable, and I am proud of the sportsmanship and dedication shown by all.

At KMRL, we believe that a strong and active workforce is the foundation of a successful organization. Sports not only promote physical well-being but also instill values of perseverance, resilience, and teamwork—qualities that are integral to our professional lives.

I extend my sincere appreciation to the organizing committee and game coordinators for their meticulous planning and execution, sponsors for their full support and to every participant for making this event a grand success. I look forward to seeing this spirit continue in the years to come.

Let us carry this energy and enthusiasm forward, both in our work and in our pursuit of excellence.



Shri. Sanjay Kumar Director Systems

Message

It gives me immense pleasure to give my views on the Annual Sports Meet-2025 in KMRL family. The Annual Sports Meet is a celebration of more than just a physical fitness – It's an event that strengthens the bond among colleagues, creates lasting memories, and encourages a balanced approach to life and work.

I would like to extend my heartfelt gratitude to all the participants, coaches, coordinators, captains, vice-captains, organizers and CSO (Chief Sports Officer) who have worked tirelessly to make this event possible. I further extend my gratitude to all volunteers, sponsors and supporters who contributed to the success of the event.

The collective efforts and encouragement made a significant impact, fostering a sense of community and unity.

Let's carry forward this spirit and continue to support and nurture the talents in our KMRL family.



Shri. M. P. Ramnavas Director Projects

Message

It is with immense pride and excitement that I extend my heartfelt greetings to all participants of the Annual Sports Meet conducted from 15th Jan. to 22nd Feb. 2025 at KMRL. This event is not just a celebration of excellence in sports but also a testament to the spirit of teamwork, discipline, and perseverance that define both sports and our organization.

At KMRL, we believe that a strong and healthy workforce is the backbone of progress. Through sports, we foster camaraderie, well-being, and a positive competitive spirit that translates into our daily work, driving us towards greater efficiency and success. This year with more than 200 participants and about 18 events, we have witnessed incredible performances, unwavering determination, and the true essence of sportsmanship from all participants.

Once again I extend my heartfelt appreciation to all the personnel at the helm of affairs at various levels and also the volunteers who have made this event a grand success.

Wishing everyone a fantastic sporting year ahead!



Shri. A. Manikandan CGM (O&M)

Message

"The Annual Sports Meet 2025 of Kochi Metro, held from January to February, was a resounding success, bringing together employees, apprentices, and outsourced staff of KMRL in a spirited display of sportsmanship and camaraderie.

This year's edition was particularly special with the introduction of swimming and women's cricket, further promoting inclusivity and enthusiasm among participants. The event not only showcased exceptional talent and determination but also strengthened the bonds within the KMRL family.

Congratulations to all the winners and participants for their dedication, and heartfelt appreciation to everyone who contributed in making this event a grand success."



Shri. Shaji P Janardhanan CGM (WT)

Message

"Empowering Teamwork, Energizing Excellence"

As we just celebrated our Annual Sports Day, I extend my warmest appreciation to the entire Kochi Metro family. This joyous occasion was a testament to the power of teamwork, camaraderie, and healthy competition that defines our organization.

Through sports and games, we foster a culture of unity, inclusivity, and mutual respect. Our Annual Sports Day is a celebration of the human spirit, where we come together to challenge ourselves, support each other, and have fun.

I congratulate our sports committee for organizing this fantastic event and appreciate the enthusiasm and energy displayed by all participants. The Annual Sports Day was indeed a memorable experience for me personally, as a participant as well as member of the organizing team. The leadership qualities of the captains, the supporting nature of the coordinators, mandatory women representation in the team leadership along with the whole hearted participation of the employees were really astonishing.

Let us continue to empower teamwork, energize excellence, and make Kochi Metro Rail Ltd. a shining example of a harmonious and high-performing team. Wishing you all a wonderful time!



Smt.Sumi Nadarajan Chief Sports Officer & JGM (P&S)

Message

It is with immense pride and joy that I reflect on the success of the KMRL Annual Sports Meet 2025. This year's event was a true celebration of teamwork, determination, and sportsmanship, bringing together 720 participants from across our organization. With 18 thrilling events, the introduction of Women's Cricket and Swimming, and the dedication of our 10 game coordinators, this sports meet has set a new benchmark in our sporting journey.

Our participants demonstrated not just competitive spirit but also camaraderie and unity, reinforcing the essence of what it means to be part of KMRL. I extend my heartfelt gratitude to the **management**, **organizing team**, **sponsors and every participant** for their enthusiasm and unwavering support in making this event a grand success.

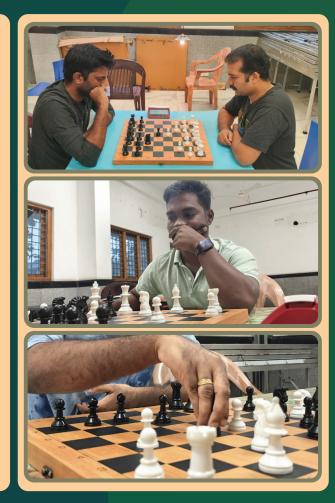
As we move forward, let us continue to embrace the values of fitness, teamwork, and perseverance. Here's to an even bigger and better sports meet in the years to come!

CHESS

The Chess tournament this year saw intense battles on the 64 squares, with participants demonstrating exceptional foresight and creativity in their moves. Each match was a blend of calculated risks and strategic planning, reflecting the essence of what it means to be a true sportsperson.

The silent yet fierce competition was a reminder that sports are not just about physical strength but also about mental agility and resilience.





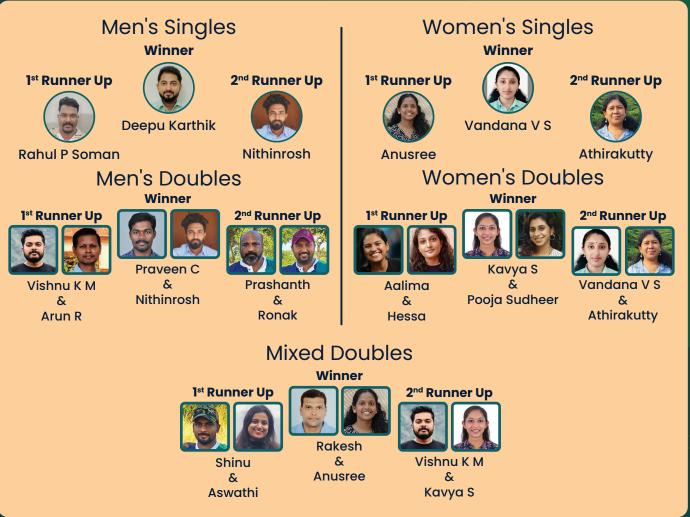


CARROMS



Carroms was one of the most anticipated and engaging events during KMRL recent Sports Meet. The carrom boards were set up in a dedicated area, attracting both seasoned players and enthusiastic beginners.

Participants showcased their precision, strategy, and focus, making each match a thrilling spectacle.



Men's Swimming event truly inspiring was the determination and resilience displayed by the swimmers. Each lap was a testament to their hard work, discipline, and dedication to the sport. The competitive spirit was palpable, yet it was balanced by a sense of camaraderie and mutual respect among the participants. Swimmers cheered for their peers, celebrated each other's achievements, and upheld the values of sportsmanship that define KMRL's sporting culture.

The event also highlighted the importance of fitness and perseverance. Swimming, being a sport that demands both physical and mental strength, brought out the best in the participants. It reminded everyone that success is not just about speed but about consistency, focus, and the will to keep going, even when the finish line seems far away.



ATHLETICS - Marathon

KMRL Annual Sports Meet 2025 was a true test of endurance, resilience, and mental strength. Participants took to the course with determination, pushing through physical and mental barriers to reach the finish line. The marathon was not just a race but a celebration of perseverance, as runners showcased their ability to endure and thrive over long distances.







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ATHLETICS - Sprint

sprint event not only The highlighted individual excellence but also celebrated the spirit of competition and perseverance. It reminded us that success is often about giving your all in those crucial moments. Here's to the sprinters of KMRL, who raced with passion and determination, inspiring us all to strive for speed and excellence in every endeavor!

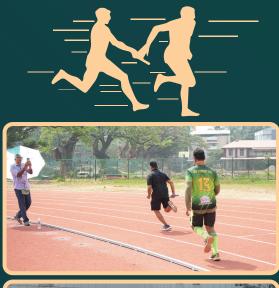




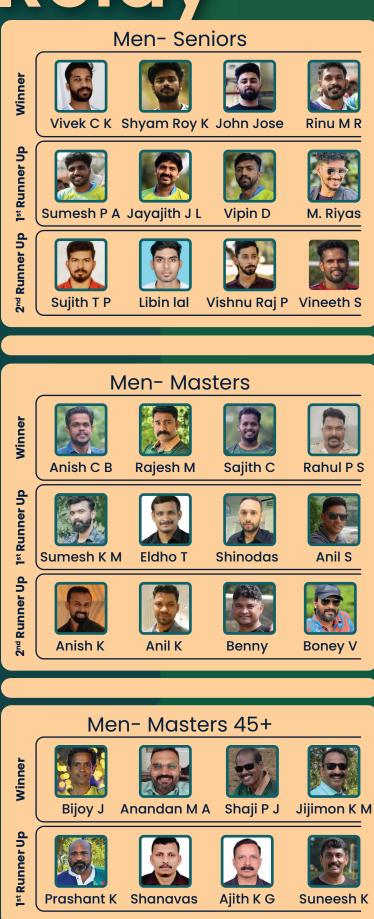
ATHLETICS - Relay

The Relay event at the KMRL Annual Sports Meet 2025 emerged as one of the most thrilling and unifying highlights of the tournament. The relay races, with their emphasis on speed, coordination, and teamwork, perfectly encapsulated the spirit of the sports meet, bringing together participants and spectators in a shared celebration of athleticism and collaboration.

The relay event was a true test of teamwork and trust, as each team relied on the seamless coordination of its members to achieve success. The baton, passed from one runner to the next, symbolized not just the transfer of responsibility but also the collective effort and unity of the team. The precision and timing required in each hand-off were a testament to the hours of practice and dedication put in by the participants.



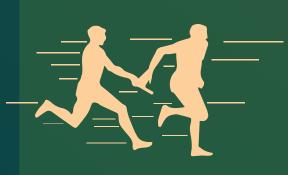












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ATHLETICS - Long Jump

The event highlighted the importance of focus and perfect timing, as even the smallest details made a significant difference. The cheers from the crowd added to the excitement, creating an atmosphere of encouragement and celebration. Here's to the long jumpers of KMRL, who leaped with passion and determination, inspiring us all to reach new heights and push beyond our limits!









ATHLETICS - Shot Put



ATHLETICS - DISCUS

The Discus Throw event at the KMRL Annual Sports Meet 2025 was a mesmerizing display of strength, technique, and precision. Participants spun with grace and power, launching the discus into the air with remarkable skill.

Each throw was a blend of explosive energy and calculated control, as athletes aimed to achieve the farthest distance.









ATHLETICS - Javelin

Participants launched the javelin with remarkable strength and skill, sending it soaring through the air in a display of athletic excellence. Each throw was a perfect blend of speed, coordination, and focus, as athletes aimed for maximum distance.

The event highlighted the importance of timing, technique, and explosive captivating energy, the audience with every throw. The cheers from the crowd added to the excitement, creating an atmosphere of encouragement and awe.







BADMINTON

The Badminton event at the KMRL Annual Sports Meet 2025 was a dazzling display of agility, precision, and competitive spirit, captivating participants and spectators alike. The badminton courts became a stage for thrilling rallies, swift movements, and strategic play, as players from across the organization showcased their skills and passion for the sport.

The matches were a perfect blend of intensity and finesse, with players demonstrating exceptional footwork, powerful smashes, and delicate drop shots. Each rally was a test of endurance, focus, and tactical brilliance, keeping the audience on the edge of their seats. The sound of shuttlecocks slicing through the air and the swift movements of players added to the electrifying atmosphere, making badminton one of the most engaging events of the sports meet.





CRICKET

The men's and women's cricket events highlighted the importance of teamwork, strategy, and resilience—values that align perfectly with KMRL's ethos. The matches were not just about winning but about celebrating the love for the game and fostering a sense of togetherness among colleagues. The cheers from the sidelines, the camaraderie among teammates, and the shared moments of triumph and encouragement encapsulated the essence of what it means to be part of the KMRL family.

MEN CATEGORY



1st R<u>unner up Te</u>am

• Rahul R R

- Rahul SR
- Jayajith J L
- Vishnu Ramesh
- Shaffin SN
- Vishnu Vijayan
- Vishnu Dev K
- Shambu S
- Sumesh P A
 - Pawan Kumar
 - Sanurai
 - Sajith V G
 - Vipin d

 - Amith k

2nd <u>Runner up</u> Team

Ronak

- Vivek C K
- Aneesh M
- Rahul Shaji
- Sayooj V Jose
- Sunu S
- Sanil
- Aju Devassy
- SrineshNidhin C
- Pranav
- PranavPradeep
- Vipin Kumar VS
- Vipin Kumar
 Shinu A K
- Shinu A K
- Prasanth K





2nd Runner up Team

The introduction of **Women's Cricket** this year marked a significant milestone in KMRL's sporting journey. The women's teams displayed exceptional talent, determination, and teamwork, proving that the cricket field knows no boundaries when it comes to passion and ability. Their matches were a thrilling spectacle, filled with powerful strokes, agile fielding, and strategic bowling. The enthusiasm and **sportsmanship demonstrated by the**



1st R<u>unner up Te</u>am

Remya Das

- Nikhila Mohan
- 🖲 Kripa K
- Anusree K
- Prathibha G Nair
- 🗨 Anju J H
- Greeshma M V
- Nikhila MohanSandra Sathyan

• Archana P

- Linmy K S
- Thripthy P R

2nd <u>Runner up</u> Team

Karthika K S

- Aswathi C
- Soumya
- Jesly JayanMuhsina
- Anjana K M
- Aparna
- AthiraSukuma

Aalima

- Neethu
- Nithya J
- Hessa Nistar

WOMEN CATEGORY

Winners TeamImage: Subscript of Subsc







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FOOTBALL -

The matches were a spectacle of fast-paced action, with players demonstrating exceptional ball control, precise passing, and stunning goals. The competitive spirit was evident in every tackle, sprint, and shot, yet it was balanced by a sense of respect and sportsmanship that defined the essence of KMRL's sporting culture.

The players' dedication and hard work were on full display, as they left no stone unturned in their quest for victory.

1st Runner up Team

- Jyothish mohan
 - Dijo
 - 🔹 🖲 Rejeesh Krishnan
- Harry Edattel
 Pranab Prakash
- Vivek M S

Swaraj M

• Vishnuraj P

- Praveen Chacko
- Sujith T P
- Vijay Pankaj

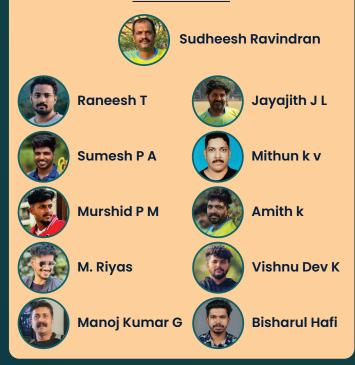
2nd <u>Runner up</u> Team

• Vivek C K

- Prasanth K
- Amal Murali
- 电 Rahul Shaji 👘
- Gokul Krishna
- Nithin C
- Sumesh K M
- Aju DevassyCyril Mathew
- Shinu A K
- Jithin J P

MEN'S CATEGORY

Winners Team









BASKET BALL

The competitive spirit on the court was palpable, yet it was matched by a sense of respect and sportsmanship that defined the essence of KMRL's sporting culture. Every steal, every three-pointer, and every rebound was met with cheers from the sidelines, as colleagues and supporters rallied behind their teams, creatina electric an atmosphere. The energy in the arena was infectious, with every basket celebrated as a collective victory.



1st R<u>unner up Te</u>am

- Boney Varghese
- Dijo
- Jerin Jose
- Anil Kumar
- Renoop
- Srijith.C.S

2nd <u>Runner up</u> Team

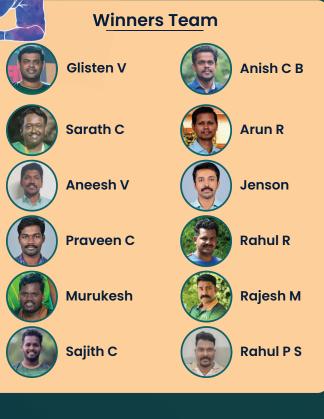
- John Jose
- Rahul Shaji
- Nidhin C
- Kamal P

Winners Team

2

- Ronak P
- Pradeep C S
- Blesson Babu









The Girls' Basketball event at the KMRL Annual Sports Meet 2025 beacon shone as a of skill, empowerment, and teamwork, marking a significant milestone in the organization's sporting journey. The introduction of this event was not just a celebration of basketball but also a powerful statement of inclusivity and the growing recognition of women's sports at KMRL.

The matches were a thrilling showcase of talent, determination, and passion. The players took to the court with confidence, displaying exceptional dribbling, precise passing, and sharp shooting.



1st R<u>unner up Te</u>am • Kavya Sukumaran

- Pooja Sudheer
- Adithya santhosh
- Birla Babu
- Divya AJ
- Roshni
- Nair Sreeja V
- Gopika
- Gopiku

2nd Runner up Team

- Nikhil Mohan
- Kripa K
- Anusree K
- Prathibha G Nair
- Linmy
- Thripthy P R
- Greeshma M V



WOMEN'S CATEGORY

Winners Team



Winners Team



1st Runner up Team



2nd Runner up Team



THROW BALL

The Girls' Throwball event at the KMRL Annual Sports Meet 2025 was a vibrant celebration of teamwork, agility, and empowerment, adding a new chapter to the organization's sporting legacy. The introduction of this event was not just a testament to the growing inclusivity of KMRL's sports culture but also a powerful platform for the women of the organization to showcase their talent, determination, and collaborative spirit.







1st R<u>unner up Te</u>am

- Kavya Sukumaran
- Pooja Sudheer
- Adithya santhosh
- Birla Babu
- Divya AJ
- Roshni
- Nair Sreeja V
- Gopika
- Amrutha K

2nd Runner up Team

- Akhila S
- Anju S Asokan
- Anu Suresh
- Vandana V S
- Jinsi A.M
- Athira kutty T R
- Reeba Job N

Winners Team



🥰 WOMEN'S CATEGORY

Winners Team



1st Runner up Team

2nd Runner up Team



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V@LLEY BALL

The competitive spirit on the court was palpable, yet it was balanced by a sense of respect and sportsmanship. Players applauded each other's efforts, celebrated every successful point, and encouraged their teammates, embodying the values of fair play and camaraderie that KMRL stands for. The event was not just about winning but about enjoying the game and celebrating the spirit of competition.



1st Runner up Team

- Rahul P Soman Sarath Chandran
- Renjith P
- Praveen C
- Anish C B
- Sreelal
- Sajith C
- Murukesh
- Ebin Cherian
- Rahul Rathnan

Winners Team

• Arun R

2nd Runner up Team

- Renoop v s
- Dan Paul
- Anil Kumar
- Pranab Prakash
- Jyothish Pazhasi
- Sreejith C S
- Dijo
- Jerin Jose
- Boney Varghese

MEN'S CATEGORY



Pawan Kumar

Shambu S

Vipin D

Sumesh P A

Anuraj

Rahul V S



Bala

Premjith

Sudheesh R





GAME CO-ORDINATORS



Aneesh. V Chess - Carroms



Vineesh. V Badminton



Karthika. K. S Swimming



Rahul Rathnan Cricket



Rahul. S Running Race - Sprint - Relay



Prashanth. K Football



Gopika. S Long Jump



Diljith. D. P Volleyball - Throwball



Jayajith. J. L Short Put - Discus Throw - Javelin Throw



Gliston. V Basketball

The success of the KMRL Annual Sports Meet 2025 would not have been possible without the unwavering dedication and meticulous efforts of the 10 game coordinators. These individuals worked tirelessly behind the scenes, ensuring that every event ran smoothly and efficiently. From planning schedules and managing logistics to coordinating participants and resolving on-the-spot challenges, the coordinators were the backbone of the event. Their passion, attention to detail, and commitment to excellence created a seamless experience for everyone involved.















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